## Health Camp Report

A health checkup camp was organized in Bharatha Sevadala High School, Kuvempunagar, Mysuru on 3<sup>rd</sup> January 2024 in collaboration with Jeeva Dhara Bllood Bank, Mysuru. The camp aimed to promote health awareness and provide basic medical assistance to students, teaching, and non-teaching staffs of the school.

The supervisor Dr. Sudarshan. M, Guest Lecturer, Department of Studies in Education, University of Mysore, welcomed the medical technicians on behalf of the Chairperson and the Department and spoke about the importance of health.

Various health screening tests were conducted, including blood group identification, blood pressure measurement, and eye checkups. Qualified medical professionals and technicians from the Jeeva Dhara Blood Bank, Mysuru, supervised the camp and offered valuable health advice to students, teachers, and non-teaching staffs.

The event saw active participation from students, teachers, non-teaching staffs and M.Ed. teacher-trainees. It provided an opportunity for early detection of Blood Pressure and Eye sight and encouraged preventive healthcare practices. The camp received positive feedback from the students, emphasizing the importance of regular health checkups for overall well-being.

Vote of thanks was delivered to the technicians by M.Ed. trainee. Overall, the health checkup camp was a successful initiative in promoting health awareness and ensuring the holistic well-being of our school students.

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