

WEIGHT LIFTING

Category: 55 Kg Results

SL. NO.	NAME	COLLEGE	SNATCH	CLEAN & JERK	TOTAL	PLACE
01	JEEVAN S	Seshadripuram FGc, Mysore	60	80	140	First
02	Gurukiran H A	Seshadripuram FGc, Mysore	43	56	99	Second
03	Chikkaiah K	Vidyavardhaka FGC	38	35	73	Third

Category: 61 Kg Results

01	Dileep S	Dos in PE & SS, Mysore	80	105	185	First
02	Abhishek K	Seshadripuram FGc, Mysore	62	77	139	Second
03	Pranav P	Vidyashrama FGC, Mysore	59	72	131	Third

Category: 67 Kg Results

01	Rakesh M C	SBRR, MFGC, Mysore	58	75	133	First
02	Jeevan Gowda C U	Vidyavardhaka FGC, Mysore	50	75	125	Second
03	Ajay Gowda C K	GFGC, Pandavapura	56	68	124	Third

Category: 73 Kg Results

01	Jhenkar R	Central Com. College, Hassan	53	73	126	First
02	Surya R	Sri DD Urs GFGC, Hunsuru	40	50	90	Second

Category: 81 Kg Results

01	Jeevan R	Vidyavardhaka FGC, Mysore	69	91	160	First
02	Jeevan M	Maharaja's College, Mysore	71	88	159	Second
03	Deekshith gowda	Seshadripuram FGc, Mysore	60	82	142	Third

Category: 89 Kg Results

01	Varshith L	Seshadripuram FGc, Mysore	70	96	166	First
02	Sharath patel C	Vidyavardhaka FGC, Mysore	70	80	150	Second

Category: 95 Kg Results

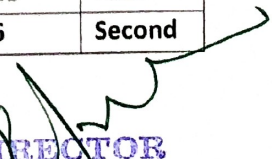
01	Ravikumar D	Sri DD Urs GFGC, Hunsuru	40	58	98	First
02	Ganesh K M	Sri DD Urs GFGC, Hunsuru	35	60	95	Second
03	Nelson Victor	Govt. Arts College, Hassan	40	50	90	Third

Category: 102 Kg Results

01	Romario Richard Titus	Sheshadripuram FGC, Mysore	77	88	165	First
02	Syed Waseem	Sri DD Urs GFGC, Hunsuru	30	35	65	Second

Category: 109 Kg Results

01	Tejas Kumar K N	Govt. Arts College, Hassan	50	68	118	First
02	M N Vaishak Shetty	Sheshadripuram FGC, Mysore	38	48	86	Second


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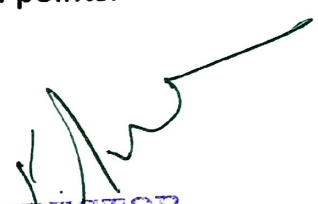
Category: Above 102 Kg Results

01	Gowtham L R	Maharaja's College, Mysore	70	95	165	First
02	Sachith Y	Vidyashrama FGC, Mysore	62	70	152	Second
03	Ganesh Surya S	Sheshadripuram FGC, Mysore	48	65	113	Third

Best Lifter of the Year 2022-23 Won by

Mr. Dileep S, Dos in PE & SS, Mysore with 3.101 points

**Over all Team Championship won by Sheshadripuram College, Mysore with 26 Points,
Runner up trophy won by DD Urs GFGC, Hunsuru with 14 points.**


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