



UNIVERSITY OF MYSORE
UGC-HUMAN RESOURCE DEVELOPMENT CENTRE

Prof. S.S. Malini
Director

MANASAGANGOTRI
MYSURU – 570 006
KARNATAKA, INDIA

2022-2023 (Online Mode)

Report of the 1-Week Short Term Course on “Soft Skills”

The one week short term course on “Soft Skills” was conducted by the UGC-Human Resource Development Centre, University of Mysore from 22-02-2023 to 28-02-2023. The Course Coordinator was Dr. L. Nanjundaswamy, Assistant Professor, UGC -Human Resource Development Centre, University of Mysore, Mysore. A total of 34 participants attended the short term course.

The one week short term course was started on 22.02.2023 at 10.AM with instructions to Teacher-Participants followed by Prof. D. Anand, B.N. Bahadur Institute of Management Science, University of Mysore, Manasagangotri, Mysore who delivered the lecture on “Soft Skills”. Afternoon, Dr. P. Manikandan, Yadavagiri, Mysore explained on “Conflict Management and Interpersonal Relationship”. On the second day, morning, Prof. Lancy D Souza, Head, Department of Psychology, Maharaja’s College, University of Mysore, Mysore gave lectures on “Communication Skills” and “Stress Management”. Afternoon, Prof. Aisha M. Sheriff, B.N. Bahadur Institute of Management Science, University of Mysore, Manasagangotri, Mysore spoke on “Approaches to Teaching and Evaluation of Soft Skills”. On the third day, morning, Sri Gopalan Srikumar, Wing Commander, Mysore gave talk on “Strategic Management”. Afternoon, Prof. G. Venkatesh Kumar, Department of Studies in Psychology, University of Mysore, Manasagangotri, Mysore demonstrated on “Life Skills”. On the fourth day, morning, Prof. Joy Varghese, Visiting Professor, XIME, St. Joseph, Bangalore addressed on the topics “Effective Communication” and “Work Life Balance”. Afternoon, Prof. Aisha M. Sheriff spoke on “Performance Blocking Behaviour”. On the fifth day, morning, Prof. Rajagopal G, Former Professor of English, Yadavagiri, Mysore delivered lecture on “Effective Presentation Skills”. Afternoon, Prof. R. Mahesh, B.N. Bahadur Institute of Management Science, University of Mysore, Manasagangotri, Mysore explained on “Managing Change and Innovation”, followed by Prof. B.H. Suresh, Former Professor of Commerce, Vijayanagara, Mysore on “Motivation”.

On the last day, morning, Dr. M. Amulya, Associate Professor, B.N. Bahadur Institute of Management Science, University of Mysore, Manasagangotri, Mysore delivered lectures on “Effective Planning Skills” and “Decision Making Skills”. Afternoon, Prof. B.H. Suresh spoke on “Time Management”, followed by Teacher participants “Feedback Session”.

In support to this report, the following Documents are attached.

1. Resource Persons’ List
2. Teacher Participants’ List
3. Time Table
4. Photo’s



(Prof. S.S. Malini)

Director

UGC-Human Resource Development Centre

University of Mysore,

Manasagangotri, Mysore-570006.

Address List of Resource Persons of the 1-Week STC on Soft Skills (Online)
From : 22.02.2023 To 28.02.2023

S.N	Name & Address of the Resource Persons	Contact No. & E-mail
1.	Prof. S.S. Malini Director, UGC - Human Resource Development Centre, University of Mysore, Manasagangotri, Mysore-570006.	Off : Res : Cell : 94491 33293 Email : ssmalinisri@yahoo.co.in
2.	Prof. Lancy D Souza Head, Dept. of Psychology, Maharaja's College, University of Mysore, Mysore-570005.	Off : Res : Cell : 99863 32616 Email : lancyd@ymail.com
3.	Prof. D. Anand B.N. Bahadur Institute of Management Science, University of Mysore, Manasagangotri, Mysore-570006.	Off : Res : Cell : 98451 30340 Email : danmysore@gmail.com
4.	Dr. P. Manikandan Olive 203, 2 nd Floor, Sankalp Central Park, Jawa Main Road, Yadavagiri, Mysore-570020.	Off : Res : Cell : 94405 08079 Email : patmani.hyd@gmail.com
5.	Sri Gopalan Srikumar Wing Commander, # 36, Chamundi Vihar Layout, Nazarbad, Mysore-570010.	Off : Res : Cell : 94480 52467 Email : gsri1250@gmail.com
6.	Prof. G. Venkatesh Kumar Dept. of Studies in Psychology, University of Mysore, Manasagangotri, Mysore-570006.	Off : Res : Cell : 94480 58140 Email : iamgvk@yahoo.com
7.	Prof. Joy Varghese Visiting Professor, XIME, St. Joseph, # 463, 10 th Cross, 28 th Main, HSR Layout, Sector-1, Bangalore-560102.	Off : Res : Cell : 78290 06111 Email : varghesejoy.2011@gmail.com
8.	Prof. Aisha M. Sheriff B.N. Bahadur Institute of Management Science, University of Mysore, Manasagangotri, Mysore-570006.	Off : Res : Cell : 92435 10311 Email : aishasheriff@hotmail.com

Address List of Resource Persons of the 1-Week STC on Soft Skills (Online)
From : 22.02.2023 To 28.02.2023

S.N	Name & Address of the Resource Persons	Contact No. & E-mail
9.	Prof. Rajagopal G Former Professor of English, No.301, Maple, Sankalp Central Park, Ideal Jawa Main Road, Yadavagiri, Mysore-570020.	Off : Res : Cell : 87620 29836 Email : drgrajagopal@gmail.com
10.	Prof. R. Mahesh B.N. Bahadur Institute of Management Science, University of Mysore, Manasagangotri, Mysore-570006.	Off : Res : Cell : 98866 39536 Email : maheshrajgopal@yahoo.com
11.	Dr. M. Amulya Associate Professor, B.N. Bahadur Institute of Management Science, University of Mysore, Manasagangotri, Mysore-570006.	Off : Res : Cell : 98869 90917 Email : amulyambims@gmail.com
12.	Prof. B.H. Suresh Former Professor of Commerce, # 311, 10 th Cross, A-1 Block, Vijayanagara, 3 rd Stage, Mysore-570030.	Off : Res : Cell : 94802 53101 Email : bhsmysore57@gmail.com
13.	Dr. L. Nanjundaswamy Course Coordinator, UGC - Human Resource Development Centre, University of Mysore, Manasagangotri, Mysore-570006.	Off : Res : Cell : 94498 82066 Email : nanjundiase@yahoo.co.in

**Address List of Teacher Participants of the UGC-Sponsored 1-Week Short Term Course on
“Soft Skills” (Online) from 22.02.2023 to 28.02.2023**

Sl. No.	Name & Address of the Participant	Contact No. & E-mail
1.	Dr. Jayaprasad D. Assistant Professor of Commerce, Shri G.R. Gandhi Arts, Shri Y.A. Patil Commerce and Shri M.F. Doshi Science Degree College, Indi-586209. Vijayapura Dist.	Off : Res : Cell : 9743250227 Email : jayaprasad16101986@gmail.com
2.	Dr. Sachin N. Pardhe Assistant Professor of Politics, Department of Civics and Politics, University of Mumbai, Mumbai-400098. Maharashtra.	Off : Res : Cell : 7039330989 Email : sachinnpardhe@politics.mu.ac.in
3.	Raghavendra Inganal Librarian, Shri G.R. Gandhi Arts, Shri Y.A. Patil Commerce and Shri M.F. Doshi Science Degree College, Indi-586209. Vijayapura Dist.	Off : Res : Cell : 9916942757 Email : inganalr@gmail.com
4.	Dr. Surendra K. Assistant Professor of Sociology, Shri G.R. Gandhi Arts, Shri Y.A. Patil Commerce and Shri M.F. Doshi Science Degree College, Indi-586209. Vijayapura Dist.	Off : Res : Cell : 9945099717 Email : kumasisurendra@gmail.com
5.	Venkatesh Babu S. Assistant Professor of Commerce, Government First Grade College, Davanagere-577004.	Off : Res : Cell : 9844077858 Email : vbsdvg@gmail.com
6.	Isidore Victoria Maria Roche Assistant Professor of Education, Shankara Gowda College of Education, Mandya-571401.	Off : Res : Cell : 9902417155 Email : victoriaroche763@gmail.com
7.	Basavaraju M. Assistant Professor of Kannada, J.S.S. College of Arts and Commence, Gundlupet-571111. Chamarajanagara Dist.	Off : Res : Cell : 9980659851 Email : basavarajum1972@gmail.com
8.	Jalendra M. Assistant Professor of Kannada, Government First Grade College, Koppa-577126. Chikkamagaluru Dist .	Off : Res : Cell : 9743507903 Email : jalendra1983@gmail.com
9.	Nayana R. Assistant Professor of Commerce, Government First Grade College, Badavanahally-572112. Tumkur Dist..	Off : Res : Cell : 8861113829 Email : nayanabvnr@gmail.com

**Address List of Teacher Participants of the UGC-Sponsored 1-Week Short Term Course on
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Sl. No.	Name & Address of the Participant	Contact No. & E-mail
10.	Dr. Ashwini N. Assistant Professor of Chemistry, Teresian College, Mysore-570011.	Off : Res : Cell : 9036336533 Email : ashwinisany999@gmail.com
11.	Sunanda B. Selection Grade Librarian, Government First Grade College, Madhugiri-572132. Tumkur Dist.	Off : Res : Cell : 9060128326 Email : sunandatrisha3@gmail.com
12.	Dr. Chandrakant Bandappa Assistant Professor of Psychology, Government First Grade College, Vijayapur-586101.	Off : Res : Cell : 9980778234 Email : drchandrakant1505@gmail.com
13.	Dr. Bandenawaz Korabu Assistant Professor of Political Science, Government First Grade College, Navabag, Vijayapur-586101.	Off : Res : Cell : 9945632569 Email : bandenawazmk@gmail.com
14.	Basavanagoud Shadadalli Assistant Professor of English, Government First Grade College, Vijayapur-586101.	Off : Res : Cell : 8971338777 Email : basubijapur1981@gmail.com
15.	Dr. Girija D.K. Assistant Professor of Computer Science, Government First Grade College, Madhugiri-572132. Tumkur Dist.	Off : Res : Cell : 9480559776 Email : girijadk16@gmail.com
16.	Dr. Shivappa Siddappa Siddapur Assistant Professor of Mathematics, Government First Grade College, Navabag, Vijayapur-586101.	Off : Res : Cell : 9113867643 Email : sssgfgcb@gmail.com
17.	Dr. Anandrao Sureshrao Kulkarni Assistant Professor of Physics, Government First Grade College, Navabag, Vijayapur-586101.	Off : Res : Cell : 9611735919 Email : kulkarnianand27@gmail.com
18.	Kayashree K. Lecturer in Methodology of Kannada, Shri Adichunchanagiri College of Education, C.R. Patna-573116. Hassan Dist.	Off : Res : Cell : 8123864114 Email : krishnakavyashree3@gmail.com

**Address List of Teacher Participants of the UGC-Sponsored 1-Week Short Term Course on
“Soft Skills” (Online) from 22.02.2023 to 28.02.2023**

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Sl. No.	Name & Address of the Participant	Contact No. & E-mail
19.	Sumathi M.R. Assistant Professor of Commerce, Government First Grade College for women, Chamarajanagara-571313.	Off : Res : Cell : 9986882243 Email : sumamurthi2@gmail.com
20.	Dr. Renukaprasad B.R. Assistant Professor of Kannada, Government First Grade College, Tiptur-572201. Tumkur Dist.	Off : Res : Cell : 9448427162 Email : brrenukaprasad8@gmail.com
21.	Aruna S.P. Assistant Professor of Kannada, Government First Grade College, Tiptur-572201. Tumkur Dist.	Off : Res : Cell : 9741632272 Email : arukannada@gmail.com
22.	Jayasimha B.R. Assistant Professor of English, Government First Grade College, Tiptur-572201. Tumkur Dist.	Off : Res : Cell : 9741144778 Email : jayasimhabr1978@gmail.com
23.	Usha M.R. Assistant Professor of Political Science, A. V. Kamalamma College for Women, Davangere-577002.	Off : Res : Cell : 9964113298 Email : ushavinay317@gmail.com
24.	Shobha V. Assistant Professor of Mathematics, Government first grade College, Kengeri, Bengaluru-560060. Bangalore Urban Dist.	Off : Res : Cell : 8123515288 Email : shobhabharath2006@gmail.com
25.	Dr. Vishwas A. Korwar Assistant Professor of History, Shri. G.R.Gandhi Arts, Shri Y.A. Patil Commerce and Shri. M.F. Doshi Science Degree College, Indi-586209. Vijayapur Dist.	Off : Res : Cell : 9448186004 Email : vishwas.korwar@gmail.com
26.	Dr. C.S. Biradar Assistant Professor of English, Shri G.R. Gandhi Arts, Shri Y.A. Patil Commerce and Shri M.F. Doshi Science Degree College, Indi-586209. Vijayapur Dist.	Off : Res : Cell : 9008806900 Email : chandugoudbiradar@gmail.com
27.	Shrishaïl Assistant Professor of Kannada, Shri G.R. Gandhi Arts, Shri Y.A. Patil Commerce and Shri M.F. Doshi Science Degree College, Indi-586209. Vijayapur Dist.	Off : Res : Cell : 7829483799 Email : shrishails2013@gmail.com

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Sl. No.	Name & Address of the Participant	Contact No. & E-mail
28.	Shivamurthy H.M. Assistant Professor of Home Science, Government Home Science College, Hassan-573202.	Off : Res : Cell : 8277322770 Email : shivamurthy.hm009@gmail.com
29.	Puttarathnamma D. Assistant Professor of Home Science, Government Home Science College, Hassan-573202.	Off : Res : Cell : 7204626494 Email : rathnaad7@gmail.com
30.	Dr. Shreyas Shridharrao Mahurkar Assistant Professor of Chemistry, Dayanand Science College, Latur-413512. Maharashtra.	Off : Res : Cell : 8668275177 Email : shreyas.mahurkar@gmail.com
31.	Dr. Basavva Shrishail Ganganalli Assistant Professor of Kannada, Govt First Grade Women's College, Belagavi-590001.	Off : Res : Cell : 8971891017 Email : basammaganganalli@gmail.com
32.	D. Anjanappa Assistant Professor of Kannada, HPPC Government First Grade College, Challakere-577522. Chitradurga Dist.	Off : Res : Cell : 9481868088 Email : anjanappa067@gmail.com
33.	D. Ramu Assistant Professor of Political Science, P.L. N. First Grade College, Poorigali-571463. Mandya Dist.	Off : Res : Cell : 9902048459 Email : d.ramu.attahalli@gmail.com
34.	Dr. Jagadeesha D.S. Assistant Professor of Economics, Government First Grade College, Bettadapura-571104. Mysore Dist.	Off : Res : Cell : 9164607706 Email : jagadeeshadoddakoppalu@gmail.com



UGC-HUMAN RESOURCE DEVELOPMENT CENTRE

MANASAGANGOTRI, MYSORE-570006.

UGC SPONSORED 1-WEEK SHORT TERM COURSE ON “SOFT SKILLS” (ONLINE)

From 22.02.2023 to 28.02.2023

Date and Day	10.00 AM to 11.15 AM	11.45 AM to 1.00 PM	1.15 to 2.00	2.00 PM to 3.15 PM	3.45 PM to 5.00 PM
22.02.2023 Wednesday	Instructions to Teacher-Participants	Soft Skills Prof. D. Anand	L U N C H B R E A K	Conflict Management and Interpersonal Relationship Dr. P. Manikandan	
23.02.2023 Thursday	Communication Skills Prof. Lancy D’Souza	Stress Management Prof. Lancy D’Souza		Approaches to Teaching and Evaluation of Soft Skills Prof. Aisha M. Sheriff	
24.02.2023 Friday	Strategic Management Sri Gopalan Srikumar			Life Skills Prof. G. Venkatesh Kumar	
25.02.2023 Saturday	Effective Communication Prof. Joy Varghese	Work Life Balance Prof. Joy Varghese		Performance Blacking Behaviour Prof. Aisha M. Sheriff	Library Work
26.02.2023 Sunday	HOLIDAY			HOLIDAY	
27.02.2023 Monday	Effective Presentation Skills Prof. G. Rajagopal			Managing Change and Innovation Prof. R. Mahesh	Motivation Prof. B.H. Suresh
28.02.2023 Tuesday	Effective Planning Skills Dr. Amulya M.	Decision Making Skills Dr. Amulya M.		Time Management Prof. B.H. Suresh	Feedback Session

Tea Break : 11.15 AM to 11.45 AM and 3.15 PM to 3.45 PM

