



UNIVERSITY OF MYSORE

Department of Studies in Physical Education and Sports Sciences, Sports Pavilion, Mysore

TIME-TABLE B.P.ED. I SEMISTER 2022-23 W.E.F.: 24-04-2023

| DAYS | MORNING PRACTICAL 6.30 AM TO 8.30 AM | THEORY 11. 00 AM TO 12.00 NOON | THEORY 12.00 TO 1.00 PM | EVENING PRACTICAL 4.00 PM TO 6.30 PM |
|-----------|---|---------------------------------------|--|--|
| MONDAY | Kabaddi MNN/MC/MCV Mass Demonstration Activities CTD/NKN/PS | Olympic Movement SMS/RVT/PJ | Educational Technology & Methods of Teaching in Phy.Edu. CTD/KS/PSA | Track & Field-1 BA/KS/AS Handball RVT/CC/RM |
| TUESDAY | -do- | -do- | -do- | -do- |
| WEDNESDAY | -do- | -do- | -do- | -do- |
| THURSDAY | -do- | Anatomy & Physiology MNN/ MC/AA | History, Principal and Foundation of Physical Education RM/NKN/RLS | -do- |
| FRIDAY | -do- | -do- | -do- | -do- |
| SATURDAY | -do- | -do- | -do- | -do- |

Dr. C T Devaraju – CTD
Prathima S – PS

Shivarajkumar M P- SMP
Bharathnag A –BA

Mahendra C- MC
Santhosh S M –SMS

Raghavendra M – RM
Mohankumar N N- MNN

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|-----------|---|--|---|---|
| MONDAY | Track & Field SGS/AA/CV Swimming SMA/LB/SD | Foundation & Principle of Physical Education MCV/HPS/PS | Yogic Science SMA/CC/SGS | Kabaddi PJ /PSA/RLS Self defense SMP/SMS/HPS |
| TUESDAY | -do- | -do- | -do- | -do- |
| WEDNESDAY | -do- | -do- | -do- | -do- |
| THURSDAY | -do- | Scientific Principles of Sports Training Dr. C V/AS/SMP | Information & Communication Technology in Physical Education SD/LB/BA | -do- |
| FRIDAY | -do- | -do- | -do- | -do- |
| SATURDAY | -do- | -do- | -do- | -do- |

Dr. S.Madialagan – SMA
Dr. C. Channappa– CC
Loksha B – LB
Bharathnag A – BA
Prathap S A – PSA

Dr. C. Venkatesh – Dr. CV
Mahesha C V - MCV
Raghuchandra V T –RVT
Shivarajkumar M P- SMP
Santhosh S M –SMS

Shivannegowda SG – SGS
Ashok S – AS
Apsar Ahmed- AA
Shivegowda H P - HPS

Shivashankar D – SD
Prasad J – PJ
Rajlakshamma S – RLS
Prathima S – PS

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Department of Studies
Physical Education and Sports Sciences
University of Mysore
Mysuru - 570 005
Chairman



UNIVERSITY OF MYSORE

Department of Studies in Physical Education and Sports Sciences, Sports Pavilion, Mysore

TIME-TABLE B.P.ED. I SEMISTER 2022-23 W.E.F.: 04-03-2023

| DAYS | MORNING PRACTICAL 6.30 AM TO 8.30 AM | THEORY 11.00 AM TO 12.00 NOON | THEORY 12.00 TO 1.00 PM | EVENING PRACTICAL 4.00 PM TO 6.30 PM |
|-----------|--|-------------------------------------|---|---|
| MONDAY | Softball MNN Mass Demonstration Activities CTD/NKN | Olympic Movement SMS/RVT | Educational Technology & Methods of Teaching in Phy.Edu. CTD | Track & Field-1 BA Kho-Kho SMP |
| TUESDAY | -do- | -do- | -do- | -do- |
| WEDNESDAY | -do- | -do- | -do- | -do- |
| THURSDAY | -do- | Anatomy & Physiology MC/PS | History, Principal and Foundation of Physical Education RM | -do- |
| FRIDAY | -do- | -do- | -do- | -do- |
| SATURDAY | -do- | -do- | -do- | -do- |

Dr. C T Devaraju – CTD
Prathima S – PS

Shivarajkumar M P- SMP
Bharathnag A –BA

Mahendra C- MC
Santhosh S M –SMS

Raghavendra M – RM
Mohankumar N N- MNN

TIME-TABLE M.P.ED. I SEMISTER 2022-23- W.E.F.: 04-03-2023

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|-----------|---|--|--|---|
| MONDAY | Track & Field SGS/AA Swimming SMA/LB | Foundation & Principle of Physical Education MCV | Yogic Science SMA/CC | Kabaddi PJ Self defense RVT |
| TUESDAY | -do- | -do- | -do- | -do- |
| WEDNESDAY | -do- | -do- | -do- | -do- |
| THURSDAY | -do- | Scientific Principles of Sports Training Dr. C V/AS | Information & Communication Technology in Physical Education SD/LB | -do- |
| FRIDAY | -do- | -do- | -do- | -do- |
| SATURDAY | -do- | -do- | -do- | -do- |

Dr. S.Madialagan – SMA
Dr. C. Channappa – CC
Loksha B – LB

Dr. C. Venkatesh – Dr. CV
Mahesha C V - MCV
Raghuchandra V T –RVT

Shivannegowda SG – SGS
Ashok S – AS
Apsar Ahmed- AA

Shivashankar D – SD
Prasad J – PJ

Sd/-
Chairman

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Chairman
Department of Physical Education and Sports Sciences
University of Mysore
Mysuru - 570 025

UNIVERSITY  OF MYSORE

Department of Studies in Physical Education and Sports Sciences, Sports Pavilion, Mysore

TIME-TABLE B.P.ED. III SEMISTER 2022-23 W.E.F.: 04-03-2023

| DAYS | MORNING PRACTICAL 6.30 AM TO 8.30 AM | THEORY 11.00 AM TO 12.00 | THEORY 12.00 TO 1.00 PM | EVENING PRACTICAL 4.00 PM TO 6.00 PM |
|-----------|--|---|---|---|
| MONDAY | Cricket MC/SD Gymnastics CC/HPS | Sports Training HPS/AA/RLS | Health Education & Environmental Studies PSA/NKN | Teaching Practices RM/RLS Basket ball PS |
| TUESDAY | - | -do- | -do- | - |
| WEDNESDAY | - | -do- | -do- | - |
| THURSDAY | - | Sports Psychology & Sociology MNN | Sports Medicine physiotherapy & Rehabilitation SMP | - |
| FRIDAY | - | -do- | -do- | - |
| SATURDAY | - | -do- | -do- | - |

Dr. S.Madialagan – SMA
Dr. C. Channappa – CC
Apsar Ahmed- AA

Shivegowda H P - HPS
Raghavendra M – RM
Nanjundswamy K -NKN

Shivarajakumar M P – SMP
Mohankumar N N – MNN
Prathap S A – PSA

Mahendra C – MC
Rajlakshamma S – RLS

TIME-TABLE M.P.ED. III SEMISTER 2022-23 W.E.F.: 04-03-2023


| DAYS | MORNING PRACTICAL 6.30 AM TO 8.30 AM | THEORY 11.00 AM TO 12.00 | THEORY 12.00 TO 1.00 PM | EVENING PRACTICAL 4.00 PM TO 6.00 PM |
|-----------|--|--|---|--|
| MONDAY | Track & Field III Dr. C V/MCV Volleyball AS | Research Process in Physical Education & Sports Science-II PJ | Physiology of Exercise. SGS | Football KS Lesson plan SMS/PSA |
| TUESDAY | - | -do- | -do- | - |
| WEDNESDAY | - | -do- | -do- | - |
| THURSDAY | - | Sports Bio- Mechanics & Kinesiology BA | Value & Environmental Education KS | - |
| FRIDAY | - | -do- | -do- | - |
| SATURDAY | - | -do- | -do- | - |

Dr. C. Venkatesh – Dr. CV
Ashok S – AS
Prathap S A – PSA

Shivannegowda SG - SGS
Prasad J – PJ

Krishnaswamy S – KS
Bharathnag A – BA

Mahesha C V - MCV
Raghuchandra V T –RVT



Sd/
Chairman


UNIVERSITY OF MYSORE

Department of Studies in Physical Education and Sports Sciences, Sports Pavilion, Mysore

TIME-TABLE B.P.ED. III SEMISTER 2022-23 W.E.F.: 04-01-2023

| DAYS | MORNING PRACTICAL 6.30 AM TO 8.30 AM | THEORY 11.00 AM TO 12.00 | THEORY 12.00 TO 1.00 PM | EVENING PRACTICAL 4.00 PM TO 6.00 PM |
|-----------|---|---|--|---|
| MONDAY | Yoga SGS/MC/PS/LB Swimming SMA/SD/CC | Sports Training Dr. C V/AS | Health Education & Environmental Studies CTD/SMS/RM | Teaching Practices RM /CTD/RLS/PSA |
| TUESDAY | - | -do- | -do- | - |
| WEDNESDAY | - | -do- | -do- | - |
| THURSDAY | - | Sports Psychology & Sociology CC/MC/HPS | Sports Medicine physiotherapy & Rehabilitation SMA/SMP/AA | - |
| FRIDAY | - | -do- | -do- | - |
| SATURDAY | - | -do- | -do- | - |

Dr. S.Madialagan – SMA
Mahendra C – MC
Dr. Channappa C- CC
Santhosh – SMS
Prathap S A – PSA

Dr. C Venkatesh - Dr. CV
Shivarajakumar M P – SMP
Prathima S - PS
Mohankumar N N – MNN
Lokesha B – LB

Shivannegowdda S G – SGS
Dr. C T Devaraju – CTD
Raghavendra M – RM
Prasad J - PJ
Apsar Ahmed- AA

Shivegowda H P - HPS
Shivashankara D – SD
Ashok S – AS
Rajlakshamma S – RLS

TIME-TABLE M.P.ED. III SEMISTER 2022-23 W.E.F.: 04-01-2023

| DAYS | MORNING PRACTICAL 6.30 AM TO 8.30 AM | THEORY 11.00 AM TO 12.00 | THEORY 12.00 TO 1.00 PM | EVENING PRACTICAL 4.00 PM TO 6.00 PM |
|-----------|---|---|---|---|
| MONDAY | Track & Field III Dr. CV/BA/SMS Volleyball/Cricket/ Fencing AS/RVT/AA/MNN | Research Process in Physical Education & Sports Science-II MCV/MNN/RVT | Physiology of Exercise. SGS/SD/NKN | Handball/Football/ Hockey KS/MCV/RVT/NKN Lesson plan PJ/HPS/SMP |
| TUESDAY | - | -do- | -do- | - |
| WEDNESDAY | - | -do- | -do- | - |
| THURSDAY | - | Sports Bio- Mechanics & Kinesiology BA/PJ/PSA | Value & Environmental Education KS/PS/LB/RLS | - |
| FRIDAY | - | -do- | -do- | - |
| SATURDAY | - | -do- | -do- | - |

Dr. S Madialagan – SMA
Krishnaswamy S – KS
Raghavendra M - RM
Bharathnag A – BA
Raghuchandra V T -RVT
Rajlakshamma S – RLS

Dr. C Venkatesh - Dr. CV
Shivarajakumar M P – SMP
Mahesha C V- MCV
Santhosh – SMS
Nanjundswamy K -NKN

Shivannegowda SG – SGS
Shivashankara D – SD
Prathima S - PS
Mohankumar N N – MNN
Apsar Ahmed- AA

Shivegowda H P - HPS
Channappa C – CC
Ashok S – AS
Prasad J - PJ
Lokesha B – LB



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TIME-TABLE B.P.ED. I SEMISTER 2022-23 W.E.F.: 24-04-2023

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|-----------|---|---------------------------------------|--|--|
| MONDAY | Kabaddi MNN/MC/MCV Mass Demonstration Activities CTD/NKN/PS | Olympic Movement SMS/RVT/PJ | Educational Technology & Methods of Teaching in Phy.Edu. CTD/KS/PSA | Track & Field-1 BA/KS/AS Handball RVT/CC/RM |
| TUESDAY | -do- | -do- | -do- | -do- |
| WEDNESDAY | -do- | -do- | -do- | -do- |
| THURSDAY | -do- | Anatomy & Physiology MNN/ MC/AA | History, Principal and Foundation of Physical Education RM/NKN/RLS | -do- |
| FRIDAY | -do- | -do- | -do- | -do- |
| SATURDAY | -do- | -do- | -do- | -do- |

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|-----------|---|--|---|---|
| MONDAY | Track & Field SGS/AA/CV Swimming SMA/LB/SD | Foundation & Principle of Physical Education MCV/HPS/PS | Yogic Science SMA/CC/SGS | Kabaddi PJ /PSA/RLS Self defense SMP/SMS/HPS |
| TUESDAY | -do- | -do- | -do- | -do- |
| WEDNESDAY | -do- | -do- | -do- | -do- |
| THURSDAY | -do- | Scientific Principles of Sports Training Dr. C V/AS/SMP | Information & Communication Technology in Physical Education SD/LB/BA | -do- |
| FRIDAY | -do- | -do- | -do- | -do- |
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Prathima S – PS

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Mysuru - 570 005
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TIME-TABLE B.P.ED. I SEMISTER 2022-23 W.E.F.: 04-03-2023

| DAYS | MORNING PRACTICAL 6.30 AM TO 8.30 AM | THEORY 11.00 AM TO 12.00 NOON | THEORY 12.00 TO 1.00 PM | EVENING PRACTICAL 4.00 PM TO 6.30 PM |
|-----------|--|-------------------------------------|---|---|
| MONDAY | Softball MNN Mass Demonstration Activities CTD/NKN | Olympic Movement SMS/RVT | Educational Technology & Methods of Teaching in Phy.Edu. CTD | Track & Field-1 BA Kho-Kho SMP |
| TUESDAY | -do- | -do- | -do- | -do- |
| WEDNESDAY | -do- | -do- | -do- | -do- |
| THURSDAY | -do- | Anatomy & Physiology MC/PS | History, Principal and Foundation of Physical Education RM | -do- |
| FRIDAY | -do- | -do- | -do- | -do- |
| SATURDAY | -do- | -do- | -do- | -do- |

Dr. C T Devaraju – CTD
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|-----------|---|--|--|---|
| MONDAY | Track & Field SGS/AA Swimming SMA/LB | Foundation & Principle of Physical Education MCV | Yogic Science SMA/CC | Kabaddi PJ Self defense RVT |
| TUESDAY | -do- | -do- | -do- | -do- |
| WEDNESDAY | -do- | -do- | -do- | -do- |
| THURSDAY | -do- | Scientific Principles of Sports Training Dr. C V/AS | Information & Communication Technology in Physical Education SD/LB | -do- |
| FRIDAY | -do- | -do- | -do- | -do- |
| SATURDAY | -do- | -do- | -do- | -do- |

Dr. S.Madialagan – SMA
Dr. C. Channappa – CC
Loksha B – LB

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Raghuchandra V T –RVT

Shivannegowda SG – SGS
Ashok S – AS
Apsar Ahmed- AA

Shivashankar D – SD
Prasad J – PJ

Sd/-
Chairman

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Chairman
Department of Physical Education and Sports Sciences
University of Mysore
Mysuru - 576 005

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TIME-TABLE B.P.ED. III SEMISTER 2022-23 W.E.F.: 04-03-2023

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|-----------|--|---|---|---|
| MONDAY | Cricket MC/SD Gymnastics CC/HPS | Sports Training HPS/AA/RLS | Health Education & Environmental Studies PSA/NKN | Teaching Practices RM/RLS Basket ball PS |
| TUESDAY | - | -do- | -do- | - |
| WEDNESDAY | - | -do- | -do- | - |
| THURSDAY | - | Sports Psychology & Sociology MNN | Sports Medicine physiotherapy & Rehabilitation SMP | - |
| FRIDAY | - | -do- | -do- | - |
| SATURDAY | - | -do- | -do- | - |

Dr. S.Madialagan – SMA
Dr. C. Channappa – CC
Apsar Ahmed- AA

Shivegowda H P - HPS
Raghavendra M – RM
Nanjundswamy K -NKN

Shivarajakumar M P – SMP
Mohankumar N N – MNN
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Mahendra C – MC
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|-----------|--|--|---|--|
| MONDAY | Track & Field III Dr. C V/MCV Volleyball AS | Research Process in Physical Education & Sports Science-II PJ | Physiology of Exercise. SGS | Football KS Lesson plan SMS/PSA |
| TUESDAY | - | -do- | -do- | - |
| WEDNESDAY | - | -do- | -do- | - |
| THURSDAY | - | Sports Bio- Mechanics & Kinesiology BA | Value & Environmental Education KS | - |
| FRIDAY | - | -do- | -do- | - |
| SATURDAY | - | -do- | -do- | - |

Dr. C. Venkatesh – Dr. CV
Ashok S – AS
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Shivannegowda SG - SGS
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| TUESDAY | - | -do- | -do- | - |
| WEDNESDAY | - | -do- | -do- | - |
| THURSDAY | - | Sports Psychology & Sociology CC/MC/HPS | Sports Medicine physiotherapy & Rehabilitation SMA/SMP/AA | - |
| FRIDAY | - | -do- | -do- | - |
| SATURDAY | - | -do- | -do- | - |

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Apsar Ahmed- AA

Shivegowda H P - HPS
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Rajlakshamma S – RLS

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| TUESDAY | - | -do- | -do- | - |
| WEDNESDAY | - | -do- | -do- | - |
| THURSDAY | - | Sports Bio- Mechanics & Kinesiology BA/PJ/PSA | Value & Environmental Education KS/PS/LB/RLS | - |
| FRIDAY | - | -do- | -do- | - |
| SATURDAY | - | -do- | -do- | - |

Dr. S Madialagan – SMA
Krishnaswamy S – KS
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Mahesha C V- MCV
Santhosh – SMS
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Shivegowda H P - HPS
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Prasad J - PJ
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