

## UNIVERSITY OF MYSORE

DOS IN FOOD SCIENCE AND NUTRITION, MANASAGANGOTTHRI, MYSORE

TIME-TABLE FOR I SEMESTER- FOOD SCIENCE AND NUTRITION-2022 Feb - May

Days	10 am – 11 am	11am -12 pm	12 pm -1 pm	1 pm - 1.30 pm	1.30 pm - 2.30 pm	2.30 pm - 3.30 pm	3.30 pm - 4.30 pm	4.30 pm -5:30 pm
Monday	Human Nutrition (A.K. 1L)	Food Microbiology ( 1L)	Nutritional Biochemistry (U.N.S. 1L)	<b>L U N C H  B R E A K</b>	Human Nutrition (U.N.S. 2T)		Library	
Tuesday	Food Microbiology ( 1L)	Nutritional Biochemistry U.N.S. (2T)			Lifecycle Nutrition (V.A.2T)		Library	
Wednesday	Food Science and Food Processing –I (P.S.N. 2L)		Nutritional Biochemistry (A.U. 1L)		Practical: Food Science and Food Processing-I (V.A + A.K) Batch - 1 Practical: Nutritional Biochemistry (U.N.S + A.U.) Batch - 2			
Thursday		Human Nutrition (A.K. 1L)	Lifecycle Nutrition (V.A. 1L)		Practical: Food Science and Food Processing-I (V.A + A.K) Batch - 2 Practical: Nutritional Biochemistry (U.N.S + ) Batch - 1			
Friday	Public Health Nutrition ( 2L)		Food Science and Food Processing –I (A.K. 1L)		Lifecycle Nutrition (V.A. 1L)	Assessment of Nutritional Status (S.S. 1L)	Seminar	
Saturday		Assessment of Nutritional Status (S.S. 2T)			Seminar			

**AU- Dr. Asna Urooj,  
AK- Dr. Anjum Khanam,**

**PSN- Dr. Prabhavathi SN,  
SS- Seema Siddqi**

**UNS- Dr. Usha NS,**

**VA- Veena A,**

*Kanad*  
16/2/22

Chairperson  
Department of Studies in  
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Manasagangotri  
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**University of Mysore**  
DOS in Food Science and Nutrition, Manasagangotri, Mysore

**Time Table of II Semester M.Sc. Food Science and Nutrition 2022- Stream I**

Days	10:00 am - 11:00 am	11:00 am-12:00 pm	12:00-1:00 pm	1:00 - 1:30 pm	1:30-2:30 pm	2:30-3:30 pm	3:30 – 4:30 pm	4:30 – 5:30 pm
Mon	Food Additives P.S.N. (1T)		Food science and Food Processing G.K (1L)	L U N C H  B R E A K	Vitamins in Nutrition U.N.S (1T)		Library	
Tues	Food science and Food Processing G.K (2L)		Food Additives P.S.N. (1L)		Food laws and food safety V.A (1T)		Library	
Wed	Vitamins in Nutrition U.N.S (1L)	Minerals A.U (1T)			Practical: Food Science and Food Processing- II (Batch - 1) V.A+G.K (4P) Practical : Food analysis (Batch - 2) S.S. +S.S.K. (4P)			
Thurs	Nutritional Epidemiology A.U. (2L)		Minerals M.A.T(1L)		Practical: Food Science and Food Processing- II (Batch - 2) V.A+G.K (4P) Practical : : Food analysis (Batch - 1) S.S+S.S.K(4P)			
Fri	Food laws and food safety V.A. (2L)		Nutraceuticals U.N.S (1L)		Nutraceuticals U.N.S (1L)		Library	
Sat	Open elective- Healthy Lifestyle and Nutrition				G.K (1L)			
	M.A.T (1L)	S.S.K(1L)						

AU: Dr. Asna Urooj, PSN: Dr. Prabhavathi S.N., UNS: Dr. Usha N.S., VA: Ms. Veena A, G.K. Dr. Gomathy K, MAT: Ms. Meghana AT,  
SS:Dr. Seema Siddiqui, SSK: Ms. Swapnaja S Kasbe.

  
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## UNIVERSITY OF MYSORE

DOS IN FOOD SCIENCE AND NUTRITION, MANASAGANGOTTHRI, MYSORE  
TENTATIVE TIME-TABLE FOR III SEMESTER- FOOD SCIENCE AND NUTRITION- 2022 STREAM-I

DAYS	10.00-11.00	11.00-12.00	12.00-1.00	1.00-1.30	1.30-2.30	2.30-3.30	3.30-4.30	4.30-5.30
MONDAY	Functional Properties of Foods (P.S.N.)			L U N C H  B R E A K	Food preservation/ Functional properties of foods B1 B2 (P.S.N+)			
TUESDAY	Food packaging technology (P.S.N)		Principles of clinical nutrition ( )		Food preservation/ Functional properties of foods B2 B1 (P.S.N+)			
WEDNESDAY	Food preservation		Food fortification (P.S.N)		Food fortification (P.S.N)			
THURSDAY	Food preservation	Principles of clinical nutrition (A.U)	Nutrition Transition in India ( )		Biostatistics and its applications			
FRIDAY	Clinical nutrition – tutorial ( )		Nutrition transition in India (A.U)		Biostatistics and its applications			
SATURDAY	Open elective- Culinary science principles and techniques (P.S.N,							

A.U. - Dr. Asna Urooj

P.S.N. – Dr. Prabhavati S. N.

  
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TENTATIVE TIME-TABLE FOR III SEMESTER- FOOD SCIENCE AND NUTRITION-2022 **STREAM-2**

DAYS	10.00-11.00	11.00-12.00	12.00-1.00	1.00-1.30	1.30-2.30	2.30-3.30	3.30-4.30	4.30-5.30
MONDAY	Principles of diet therapy- tutorial ( )		Pediatric and geriatric nutrition (A.U)	L U N C H  B R E A K	Clinical nutrition and dietetics –tutorial (A.U + )		Research methodology (A.U)	
TUESDAY		Research methodology ( )	Principles of diet therapy (A.U)		Clinical nutrition and dietetics – practical (+ )			
WEDNESDAY	Clinical nutrition and dietetics ( )	Food service management ( )			Clinical nutrition and dietetics – practical (+ )			
THURSDAY	Pediatric and geriatric nutrition ( )	Clinical nutrition and dietetics ( )	Principles of diet therapy ( )		Biostatistics ( )			
FRIDAY	Food service management ( )	Drug and nutrient interaction ( )			Biostatistics ( )			
SATURDAY	Open elective							

A.U. - Dr. Asna Urooj

  
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TIME-TABLE FOR IV SEMESTER- M Sc FOOD SCIENCE AND NUTRITION- April - July 2022 STREAM-I

DAYS	10.00-11.00	11.00-12.00	12.00-1.00	1.00 1.30	1.30-2.30	2.30-3.30	3.30-4.30	4.30-5.30
MONDAY	Product Development and Entrepreneurship P.S.N, [2L]		Advances in Nutritional Science [1L]	L U N C H	Batch -1: Product Development & Entrepreneurship P.S.N +A.K[4P] Batch -2: Diet in disease A.U. & S.S. [4P]			
TUESDAY	Advances in Nutritional Science [2T]		Storage and Handling of Fresh Produce P.S.N[1L]		Batch - 2: Product development & Entrepreneurship P.S.N +M.A.T [4P] Batch -1: Diet in Disease S.S. [4P]			
WEDNESDAY	Diet in disease M.A.T[2T]		Nutrition and physical fitness U.N.S [1L]		Diet in diseases S.S.[1L]	Food biotechnology P.S.N [2L]		
THURSDAY	Nutrition and physical fitness M.A.T [1L]		Project work					
FRIDAY			Project work					
			Storage and Handling of Fresh Produce A.K [2T]					
SATURDAY	Healthy lifestyles and nutrition S.K [2L]		Healthy lifestyles and nutrition M.A.T [1L]	Project Work				
				Healthy lifestyles and nutrition A.K [1L]				

A.U.: Dr. Asna Urooj, P.S.N: Dr. Prabhavathi S.N., U.N.S: Dr. Usha N.S., A.K: Dr. Anjum Khanam, S.S: Ms. Seema Siddiqi, M.A.T: Ms. Meghana A.T



Chairperson  
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**Time Table of I semester M.Sc. Human Development and Family Studies 2022-23 December – April**

10-11 am	11-12 pm	12-1 pm	1-1:30 pm	1:30-2:30 pm	2:30-3:30 pm	3:30-4:30 pm	4:30-5:30 pm
Methods and Techniques of Assessment in Human Development Practical: DK (1P)			L U N C H	Children with Developmental Challenges DPL (1L)	Methods and Techniques of Assessment in Human Development DK (1L)	Theories of Human Development and Behavior MK (2T)	
Methods and Techniques of Assessment in Human Development Practical: DK (1P)				Bio-Statistics and Computer Applications PK (1L)		Children with Developmental Challenges DPL (1T)	
Advanced Study in Human Development-I (Prenatal to childhood) Practical: DPL (1P)				Methods and Techniques of Assessment in Human Development DK (1L)	Methods and Techniques of Assessment in Human Development DK (1L)	Mental Health in Developmental Perspectives DHR (1T)	
Advanced Study in Human Development-I (Prenatal to childhood) Practical: DPL (1P)				Mental Health in Developmental Perspectives DHR (1L)	Theories of Human Development and Behavior DK (1L)	Advanced Study in Human Development-I Practical: DPL (1P)	
Advanced Study in Human Development-I (Prenatal to childhood) PK (1L)	Children with Developmental Challenges DPL (1L)	Theories of Human Development and Behavior DK (1L)		Advanced Study in Human Development-I (Prenatal to childhood) PK (1L) (2-3 pm)	Methods and Techniques of Assessment in Human Development DK (1T) (3-5pm)		
Mental Health in Developmental Perspectives DPL (1L)	Bio-Statistics and Computer Applications PK (1L)	Mental Health in Developmental Perspectives DK (1L)		Children with Developmental Challenges DPL (1L) (2-3 pm)	Bio-Statistics and Computer Applications PK (1T) (3-5pm)		

M.K.: Dr.M. Komala,

D.P.L.: Ms. Deepashree, P.L. D.H.R.: Ms. Divyashree, H.R.,

D.K.: Ms. Deepa Kannur,

P. K.: Pavan Kumar S K


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**Time Table of II Semester M.Sc. Human Development and Family Studies 2022-23**

Days	10-11 am	11-12 pm	12-1pm	1-2 pm	2 – 3 pm	3 - 4 pm	4 – 5 pm
Mon	Organization and Administration of Early Childhood Educational Institutions D.H.R. (1T)	Organization and Administration of Early Childhood Educational Institutions D.H.R. (1P)		L	Genetic Disorders and Counseling D.P.L (1L)	Advanced Study in Marriage and Family D.K. (2T)	
Tues	Organization and Administration of Early Childhood Educational Institutions D.H.R. (1T)	Organization and Administration of Early Childhood Educational Institutions D.K. (1P)			U	Guidance and Counseling P.K. (1L)	Guidance and Counseling M.K. (2T)
Wed	Advanced Study in Human Development – II [Adolescence & Youth] P.K. (1T)	Advanced Study in Human Development – II [Adolescence & Youth] P.K. (1P)		N	Genetic Disorders and Counseling D.P.L (1T)	Advanced Study in Human Development – II [Adolescence & Youth] D.H.R. (1L)	Advanced Study in Marriage and Family D.K. (1L)
Thru	Advanced Study in Human Development – II [Adolescence & Youth] P.K. (1T)	Advanced Study in Human Development – II [Adolescence & Youth] D.P.L. (1P)		H	Genetic Disorders and Counseling D.P.L (1L)	Organization & Administration of Early Childhood Educational Institutions D.K. (1L)	
Fri	Guidance and Counseling P.K. (1L)	Genetic Disorders and Counseling D.P.L (1L)	Organization & Administration of Early Childhood Educational Institutions D.K. (1L)		Advanced Study in Human Development – II [Adolescence & Youth] P.K. (1L)	Advanced Study in Marriage and Family D.K. (1L)	Genetic Disorders and Counseling D.P.L (1T)
Sat	Early Childhood-Health, Nutrition and Education D.P.L. (1L)	Early Childhood-Health, Nutrition and Education P.K. (1L)	Early Childhood-Health, Nutrition and Education D.K. (1L)		Early Childhood-Health, Nutrition and Education D.P.L. (2T)		

M.K: Dr. M. Komala, D.K.: Dr. Deepa Kannur D.P.L: Ms. Deepashree, P.L. D.H.R: Ms. Divyashree, H.R. P.K.: Mr. Pavan Kumar S. K

  
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**Time Table of III semester M.Sc. Human Development and Family Studies 2022-23 December – April**

	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-3 pm	3-4 pm	4-5 pm
on	Children with Special Needs Practical: DHR (1P)			L U N C H	Advanced Study in Human Development-III (Adulthood and Aging) PK (1L)	Legislation and Policy Issues in Family and Child Welfare DPL (1T)	
es	Children with Special Needs Practical: DHR (1P)				Children with Special Needs DHR (1L)	Foundations of Special and Inclusive Education MK (2T)	
ed	Foundations of Special and Inclusive Education MK (1L)	Children with Special Needs DHR (1L)	Scientific Writing MK (1L)		Legislation and Policy Issues in Family and Child Welfare DPL (1L)	Advanced Study in Human Development-III (Adulthood and Aging) MK (2T)	
ru	Advanced Study in Human Development-III (Adulthood and Aging) PK (1P)				Legislation and Policy Issues in Family and Child Welfare DPL (1L)	Scientific Writing MK (2T)	
i	Advanced Study in Human Development-III (Adulthood and Aging) DK (1L)	Foundations of Special and Inclusive Education MK (2L)			Legislation and Policy Issues in Family and Child Welfare DPL (1L)	Children with Special Needs DHR (1T)	
it	Adolescence- Problems and Guidance DK (1L)	Adolescence- Problems and Guidance DHR (1L)	Adolescence- Problems and Guidance DPL (1L)		Adolescence- Problems and Guidance DK (1T)		

M.K.: Dr.M. Komala,

D.P.L: Ms. Deepashree, P.L.

D.H.R: Ms. Divyashree, H.R.,

D.K.: Ms. Deepa Kannur,

P. K: Pavan Kumar S K

  
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**Time Table of IV semester M.Sc. Human Development and Family Studies 2023 May-September 2023**

Days	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-3 pm	3-4 pm	4-5 pm
Mon	Entrepreneurship in Human Development D.K. (1L)	Family Stress – Coping and Adaptation M.K (1L)	Gerontology – Challenges and Care D.P.L. (1L)		Family Stress – Coping and Adaptation M.K (1T)	Human Resource Development P.K. (2T)	
Tues	Life Skills Education M.K. (1L)	Gerontology – Challenges and Care D.P.L. (1L)	Family Stress – Coping and Adaptation M.K. (1T)		Human Resource Development D.K. (1L)	Gerontology – Challenges and Care D.P.L. (2T)	
Wed	Gerontology – Challenges and Care D.P.L. (1L)	Family Stress – Coping and Adaptation D.K (1L)	Monitoring and Evaluation of Child and Family Welfare Programme D.H.R. (1L)		Life Skills Education P.K. (1L)	Entrepreneurship in Human Development M.K. (2T)	
Thru	Life Skills Education M.K. (2P)		-			Monitoring and Evaluation of Child and Family Welfare Programme D.H.R. (2T)	
Fri	Life Skills Education M.K. (2T)		Monitoring and Evaluation of Child & Family Welfare Programme D.H.R. (1L)			Dissertation [2pm-5pm]	
Sat	Dissertation [10am-5pm]						
	Parenting in Childhood Years D.K. (1L)	Parenting in Childhood Years D.H.R. (1L)	Parenting in Childhood Years D.P.L. (1L)		Parenting in Childhood Years D.H.R. (2T)		

M.K.: Dr. M. Komala, D.P.L.: Ms. Deepashree, P.L. D.H.R.: Ms. Divyashree, H.R., D.K.: Dr. Deepa Kannur, P.K: Pavan Kumar. S. K

  
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**Certificate Course in Nutrition and Health (CCNH) – Batch 2, 2022**  
**Online Session details (Session Timings – 5.30-7.00PM)**

Days	Month	Date	Module title	Topic	Resource Person	
<b>1st Interactive teaching workshop</b>						
<b>Inauguration – CCNH, Cohort 2</b>						1. Held
<b>11th April 2022, 3.30PM – 5.00pm</b>						
Week 1	April & May 2022	14-04-2022 (Thursday)	Module 1 & 2	Introduction to Food and Nutrition	Dr. Jyoti Vijay	2. Held
Week 1		15-04-2022 (Friday)		Introduction to Food and Nutrition		3. Held
Week 2		21-04-2022 (Thursday)		Nutritional deficiency disorders	Dr. Jyoti Vijay	4. Held
Week 2		22-04-2022 (Friday)		Nutritional deficiency disorders		5. Held
Week 3		27-04-2022 (Wednesday)		Health & Malnutrition	Dr. Sumathi Swaminathan	6. Held
Week 3		29-05-2022 (Friday)		Activity - Health & Malnutrition	Dr. Sumathi Swaminathan	7. Held
Week 4		04-05-2022 (Wednesday)		Nutritional Assessment	Dr. Sumathi Swaminathan	8. Held
Week 4		06-05-2022 (Friday)		Activity - Nutritional Assessment	Dr. Sumathi Swaminathan	9. Held
Week 5		18-05-2022 (Wednesday)		Intergenerational Cycle of Malnutrition	Dr. Asna Urooj	10. Held
Week 5		20-05-2022 (Friday)		Nutrition - Life Cycle Approach	Dr. Asna Urooj	11. Held
Week 6		25-05-2022 (Wednesday)		Foetal origin of hypothesis	Dr. Asna Urooj	12. Held
Week 7		02-06-2022 (Thursday)		Module 3, 4 & 5	Overview of policies related to nutrition and health	Dr. Suneeta Chandorkar
Week 7	03-06-2022 (Friday)	Overview of policies related to nutrition and health	Dr. Suneeta Chandorkar		14. Held	
Week 8	09-06-2022 (Thursday)	Module 3, 4 & 5	Acts and Regulations	Dr. Suneeta Chandorkar	15. Held	
Week 8	10-06-2022 (Friday)		Acts and Regulations	Dr. Suneeta Chandorkar	16. Held	
<b>week 9</b>		16-06-2022 (Thursday)		Food & Nutrition Security	Dr. Jyoti Vijay	17. held
		27.05.2022	mentor allocation attended by all resource persons			18. held

  
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Days	Month	Date	Module title	Topic	Resource Person	Status
Week 9		17-06-2022 (Friday)		Nutrition – Life Cycle Approach	Dr. Jyoti Vijay	19. Held
Week 10		23-06-2022 (Wednesday)		Schemes and programs on nutrition – ICDS	Dr. Padma	20. Held
Week 10		24-06-2022 (Thursday)		Schemes and programs on nutrition – PDS and MDM	Dr. Padma	21. Held
Week 11		01-07-2022		Synopsis – Any challenges and update	Dr. Jyoti	22. Held
Week 12		07-07-2022 (Thursday)		Program Planning, Implementation, Monitoring and Evaluation	Dr. Sarala	23. Held
Week 12	June July Aug Sept 2022	08-07-2022 (Friday)		Program Planning, Implementation, Monitoring and Evaluation	Dr. Sarala	24. Held
Week 13		14-07-2022 (Thursday)	Module 3, 4 & 5	Synopsis Approval	Course Coordinators	25. Held
Week 13		15-07-2022 (Friday)		Synopsis discussion	Dr. Jyoti Vijay	26. Held
Week 14		22-07-2022		Role of different department/agencies	Dr. Jyoti Vijay	27. Held
Week 15		28-07-2022 (Thursday)		Community Participation and Mobilization	Dr. Usha	28. Held
Week 15		29-07-2022 (Friday)		Community Participation and Mobilization	Dr. Usha	29. Held
Week 16		04-08-2022 (Thursday)		IEC/BCC, Advocacy Programmes	Dr. Usha	30. Held
Week 16		05-08-2022 (Friday)		IEC/BCC, Advocacy Programmes	Dr. Usha	31. Held
Week 17		18-08-2022		Anthro Plus and Anthro Pac software	Mr. Rajendra	32. Held
Week 18		25-08-2022 (Thursday)		Food Fortification & Nutraceuticals	Dr. Asna Urooj	33. Held
Week 19		02-09-2022 (Friday)		New Methods to address the issue of food security	Dr. Asna Urooj	34. Held
Week 20		08-09-2022 (Thursday)		Assignment and Competition discussion – Module 5	Dr. Usha and Dr. Jyoti	35. Held
Week 20		09-09-2022 (Friday)		Assignment and Competition discussion – Module 5	Dr. Usha and Dr. Jyoti	36. Held
Week 21		22-09-2022 (Thursday)		Project discussion	Dr. Jyoti Vijay	37. Held
Week 22		14-10-2022 (Friday)		Internal Assessment	Dr. Jyoti Vijay	38. Held

  
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**DOS in Food science and Nutrition, University of Mysore**

**CCNH - Contact class schedule 15-17 Nov 2022**

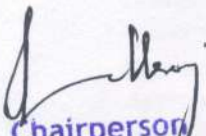
**Day 1, 15.11.2022**

<b>Time</b>	<b>Resource person</b>	<b>Topic</b>	<b>Content to cover</b>
10 -11.30 am	Dr Sumathi Swaminathan	Importance of Nutrition & Triple burden of malnutrition	Module I-unit 1&2, Module 2 unit 1 [Nutrition & infection, Malnutrition- forms, consequences]
11.30-11.45 am	<b>TEA BREAK</b>		
11.45 am-1.15 pm	Dr Usha Manjunath	Public Health nutrition programs	Module IV [Need for programs at national level, objectives, roles of agencies, evaluation]
1.15-2.00 pm	<b>LUNCH BREAK</b>		
2 – 3 pm	Dr Asna Urooj	Intergenerational cycle of malnutrition	Module II- Unit 2
3.00-5.30 pm	Project Presentations [ 15-20 min/student]		
	TEA		

**Day 2, 16.11.2022**

<b>Time</b>	<b>Resource person</b>	<b>Topic</b>	<b>Content to cover</b>
9.30 - 11.00 am	Ms Veena. A	Nutrition – Life cycle approach Session 1	Module I-unit 3 [Significance of nutrition during different stages of life]
11-11.15 am	<b>TEA BREAK</b>		
11.15 am – 12.30 pm	Dr Seema Siddiqi	Significance of Nutritional assessment	Module IV Unit 3 [Determinants and methods of assessment, uses-in brief]
12.30-	Dr Asna	Food	Module I- Unit 4

1.30 pm	Urooj	fortification- needs and challenges	
1.30 – 2.00	LUNCH BREAK		
2.00 - 3.00 pm	Dr Sudha Sairam	Major nutritional problems in India	Module I - Unit 2 [Causes, Consequences, Public health burden & Strategies to overcome]
3.00-4.00 pm	Dr Sudha Sairam	Food and Nutritional security	Module III- Unit 1 & 4 [Importance of Food security, Indian regulations on food security, Methods to address food insecurity]
4.00 – 4.15 pm	TEA BREAK		
4.15 - 5.30 pm	Project Presentations [15-20 min per student ]		

  
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