## TO STUDY THE IMPACT OF SOCIAL MEDIA AND TECHNOLOGY ON MENTAL HEALTH AMONG STUDENTS

Dissertation is submitted in partial fulfilment of required for the award of Degree of Master of science in psychology prescribed by University of Mysore.

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#### CERTIFICATE

This is to certify that the Dissertation entitled "To study the impact of social media and technology on mental health among students", submitted by ANUSHA B P. Department studies in psychology, University of Mysore, Manasagangothri, Mysuru has been prepared for the partial fulfilment of the requirements for Masters of Science degree in Pschology, embodies the bonafied work done by her under the guidance and supervision during the academic year 2023.

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