

A Study on Academic Stress Among Post Graduate Students

(With Special Reference to Manasagangotri campus, University of
Mysore)

A MAJOR RESEARCH PROJECT SUBMITTED TO THE UNIVERSITY OF
MYSORE AS A PARTIAL FULFILMENT FOR THE AWARD OF MASTER'S
DEGREE IN SOCIAL WORK

Submitted By:

Ranjith C (P01ZZ21A0304)

Smitha (P01ZZ21A0372)

Under the guidance of :

Dr.JYOTHI H.P.

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Manasagangotri, Mysuru- 570006

SEPTEMBER - 2023

UNIVERSITY OF MYSORE

DEPARTMENT OF STUDIES IN SOCIAL WORK

CERTIFICATE

This is to certify that the major project entitled "A STUDY ON ACADEMIC STRESS AMONG POST GRADUATE STUDENTS." is a bonafide major project work carried out by Mr. RANJITH C (P01ZZ21A0304) Miss. SMITHA (P01ZZ21A0372) in partial fulfilment for the award of degree of Master of Social Work, by the Department of Studies in Social Work, University of Mysore, Manasagangotri, Mysuru, during the academic year 2022-23. The Major project has been approved as it satisfies the academic requirements in respect of project work prescribed for the said degree.

This also certified that this project report has not been submitted in part or full to any other University for any other degree.


Research Supervisor

Dr Jyothi H P

Place: MYSURU

Date: 11/10/2023

DECLARATION

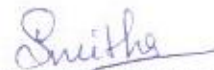
We Mr. **RANJITH C** and Ms. **SMITHA** students of fourth semester, Department of studies in Social Work, University of Mysore, Manasagangotri, Mysuru, hereby declare that the major project entitled "**A STUDY ON ACADEMIC STRESS AMONG POST GRADUATE STUDENTS.**" Has been carried out and submitted the same in the partial fulfilment of the requirements for the award of the degree of Masters of Social Work by the University of Mysore, Manasagangotri, Mysuru during the academic year 2022-2023.

Further, we declare that the matter embodied in the report has not been submitted previously by anybody for the award of any degree or diploma to any other university to the best of my knowledge and belief.

This work has been carried out under the guidance and supervision of **Dr. JYOTHI H.P.** Associate professor and Chairperson, DOS in Social Work, University of Mysore, Manasagangotri, Mysuru.



Ranjith C (P01ZZ21A0304)



Smitha(P01ZZ21A0372)

(Signature of the Social Work Trainees)

PLACE: MYSURU

DATE: 11 / 10 / 2023