

**UNIVERSITY OF MYSURU**  
**“WORK-LIFE BALANCE AMONG EMPLOYEES”**

(WITH SPECIAL REFERENCE AT KOTTAKKAL ARYA VAIDYA SALA -NANJANGUD)

**A MAJOR PROJECT REPORT SUBMITTED TO**  
**THE UNIVERSITY OF MYSURU AS A PARTIAL FULFILLMENT FOR THE**  
**AWARD OF**

**MASTER’S DEGREE IN SOCIAL WORK**

**SUBMITTED BY**

**MAHESHAMURTHY M R**

**P01ZZ21A0234**

**UNDER THE GUIDANCE OF**

**DR. CHANDRAMOULI**

**ASSOCIATE PROFESOR**

**UNIVERSITY OF MYSURU**  
**DEPARTMENT OF STUDIES IN SOCIAL WORK**  
**MANASAGANGOTHRI, MYSURU**

**SEPTEMBER-2023**

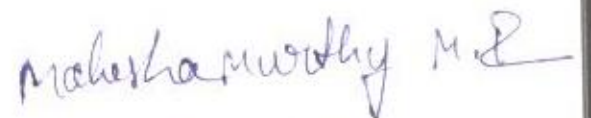
**UNIVERSITY OF MYSURU**

**DEPARTMENT OF STUDIES IN SOCIAL WORK  
MANASAGANGOTHRI, MYSURU**

**DECLARATION**

I, Mr. **MAHESHAMURHTY M R** student of Fourth semester, Department of studies in Social Work, University of Mysuru, Manasagangothri Mysuru, I hereby declare that the major project entitled "**WORK-LIFE BALANCE AMONG EMPLOYEES AT KOTTAKKAL ARYA VAIDYA SALA- NANJANGUD**" carried out by me and submitted the same in partial fulfillment of the requirements for the award of the degree of Master of Social Work by the University of Mysuru, Mysuru during the academic year 2023-24. Further, this project is whole or part has not been provisionally associateship fellowship or other degree of this or other University.

This work has been carried out by me under the guidance and supervision of **DR. CHANDRA MOULI**, Associate Professor department of studies in social work, University of Mysuru, Manasagangothri Mysuru.



Signature of the Trainee

**MAHESHAMURHTY M R**

**Reg.no: P01ZZ21A0234**

UNIVERSITY OF MYSURU

DEPARTMENT OF STUDIES IN SOCIAL WORK

MANASAGANGOTHRI, MYSURU

CERTIFICATE

This is to certify that the major project work entitled “**WORK-LIFE BALANCE AMONG EMPLOYEES AT KOTTAKKAL ARYA VAIDYA SALA- NANJANGUD**” is a bonafide Major Project carried out by **MAHESHAMURTHY, M R (P01ZZ21A0434)** in partial fulfilment for the award of the degree of Master in Social Work by the Department of Studies in Social Work, University of Mysuru, Manasagangothri, Mysuru during the academic year 2023-24. The Major project has been approved as it satisfies the academic requirements in respect of project work prescribed for said degree.

This is also certified that this project report has not been submitted in part or full to any other university for any other degree.

Place: Mysuru


Date: 11-10-2023

  
Research Supervisor

(**DR. CHANDRAMOULI**)

ASSOCIATE PROFESSOR

Dos in Social Work

  
**CHAIRMAN**  
Department of Studies in Social Work  
University of Mysuru  
Manasagangothri, Mysuru-570008