

**ANALYSIS OF SELECTED FITNESS COMPONENTS AND
ANTHROPOMETRIC VARIABLES OF KHO-KHO
AND KABADDI PLAYERS OF GUNDLUPET
HIGH SCHOOL GIRLS**



By

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A DISSERTATION

**SUBMITTED IN PARTIAL FULFILMENT OF THE REQUIREMENTS FOR
THE DEGREE OF MASTER OF PHYSICAL EDUCATION
IN THE DEPARTMENT OF STUDIES IN PHYSICAL
EDUCATION AND SPORTS SCIENCES,
UNIVERSITY OF MYSORE,
MYSORE**

Shwetha.C

OCTOBER - 2023

[Signature]



UNIVERSITY OF MYSORE

DEPARTMENT OF STUDIES IN PHYSICAL EDUCATION AND SPORTS


SCIENCES

CERTIFICATE

I certify that the dissertation entitled “**Analysis Of Selected Fitness Components And Anthropometric Variables Of Kho-Kho And Kabaddi Players Of Gundlupet High School Girls**” was prepared by **SHWETHA.C** a student of M.P.Ed., under my guidance and supervision. I recommend that this may be accepted as fulfilling the partial requirements for the award of Degree of **Master of Physical Education (M.P.Ed.) in the University of Mysore**, during the year 2023.

Date : 11/10/2023

Place : Mysore


(SHIVARAJA KUMAR MP)
Guide