

**RELATIONSHIP OF VO₂ MAX AND FAT PERSENTAGE TO
PERFORMANCE OF HIGH SCHOOL
BOYS KHO-KHO PLAYERS IN
MYSORE DISTRICT.**



By

MEGHANA

P01ZZ21E0032

A DISSERTATION

SUBMITTED IN PARTIAL FULFILMENT OF THE REQUIRMENTS FOR
THE DEGREE OF MASTER OF PHYSICAL EDUCATION
IN THE DEPARTMENT OF STUDIES IN PHYSICAL
EDUCATION AND SPORTS SCIENCES,
UNIVERSITY OF MYSORE,

MYSORE

OCTOBER - 2023



UNIVERSITY OF MYSORE

**DEPARTMENT OF STUDIES IN PHYSICAL EDUCATION AND SPORTS
SCIENCES**

CERTIFICATE

I certify that the dissertation entitled '**Relationship of V_{O_2max} and Fat percentage to performance of High school Boys Kho-Kho players in Mysore District**' was prepared by **Meghana** student of M.P.Ed. Degree course under my guidance and supervision.

I recommend that this may be accepted as fulfilling the partial requirements for the award of **Degree of Master of Physical Education [M.P.Ed] in the University of Mysore, during the year-2022-2023**

Maheshwari C.V

Guide

Date:

Place: