

**A RELATIONSHIP OF ARM POWER, ARM ENDURANCE AND GRIP
STRENGTH TO SKILL PERFORMANCE OF WOMEN HOCKEY
UNDER UNIVERSITY OF MYSORE**

By

**Mr. GAGAN K. J.
Reg No : P01ZZ21E0009
IVth Semester**

A DISSERTATION

**SUBMITTED FOR PARTIAL FULFILMENT OF
REQUIRMENTS FOR THE DEGREE OF MASTER OF
PHYSICAL EDUCATION IN THE DEPARTMENT OF
STUDIES IN PHYSICAL EDUCATION AND SPORTS SCIENCES,**

UNIVERSITY OF MYSORE,

MYSORE



SEPTEMBER – 2023



UNIVERSITY OF MYSORE

Department of studies in physical Education and sports sciences,
Sports pavilion, Mysore – 570 005

CERTIFICATE

I certify that the dissertation entitled “**A Relationship Of Arm Power, Arm Endurance And Grip Strength To Skill Performance Of Women Hockey Under University Of Mysore**” was prepared by **Mr. GAGAN K. J.** student of M.P.Ed. Degree course under my guidance and supervision. I recommend that this may be accepted as fulfilling the partial requirements for the award of **Degree of Master of Physical Education (M.P.Ed.)** in the University of Mysore, during the year 2022-2023.

DATE: 11/10/23

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