

**A STUDY ON STRESS MANAGEMENT IN SAI SANKALP
BEVERAGES, MYSORE**

Project Work Submitted to the University of Mysore

for the Award of the Degree of

MASTERS OF BUSINESS ADMINISTRATION

By

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IV Semester MBA

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CERTIFICATE

I hereby certify that the Project Report entitled "*A STUDY ON STRESS MANAGEMENT IN SAI SANKALP BEVERAGES*" is a bonafide record of research work carried out by *Ms. Lakshmi .P* under my guidance. This project or any part of it has not been submitted to any other University or Institution for the award of any degree or diploma.

Date : 28-08-2023
Place: Chamarajanagar



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