

**A STUDY ON STRESS MANAGEMENT AMONG COMMERCIAL BANK
EMPLOYEES IN NANJANGUD TOWN.**

Dissertation submitted to University of Mysore

DEPARTMENT OF COMMERCE

SUBMITTED BY:

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UNDER THE GUIDANCE OF:

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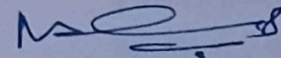
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CERTIFICATE

I hereby certify that the dissertation work entitled "A STUDY ON STRESS MANAGEMENT AMONG COMMERCIAL BANK EMPLOYEES IN NANJANGUD TOWN "is an authentic record of the bonafide Dissertation work carried out by Ms. Neelavathi (Register No: P01ZW21C0015) a student of IV semester M.Com, under my guidance and supervision for the partial fulfillment of M.Com degree in the Department of Commerce, Dr.B.R. Ambedkar Post Graduate Centre, University of Mysore, Suvarnagangotri, Chamarajanagara.

This dissertation or any part of it has not been previously submitted for the award of any degree or diploma or other similar title to any other university.



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