



UNIVERSITY OF MYSORE

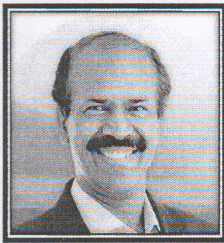
Department of Studies in Social Work

Manasagangotri, Mysuru

**Social Work Student's Forum - 2022**

Organizing a Special Lecture on

**HUMAN DEVELOPMENT PROGRAMME**



Resource Person

**Yogi Srinivas Arka**

Founder, Arka Foundation, India

and

Centre for Conscious Awareness (CCA)

Madahalli, Mysuru District

Presence

**Dr. Jyothi H.P.**

Chairperson

Dept. of Studies in Social Work

University of Mysore

Manasagangotri, Mysuru

**Dr. Chandramouli**

Associate Professor

Dept. of Studies in Social Work

University of Mysore

Manasagangotri, Mysuru

**Date** : 20-04-2022  
**Time** : 3.30 pm to 05.00 pm

**Place** : Seminar Hall  
Dept. of Studies in Social Work  
University of Mysore  
Manasagangotri, Mysuru

**“There can be no greater joy or celebration than discovering  
a new strength and capability in you, especially when you externalise  
this actively and dramatically”**

From the book ‘Petals of the Heart’ by Srinivas Arka

**You are cordially invited by**

Chairperson

and

Teaching, Non-Teaching Staff, Research Scholars, Students

*Department of Studies in Social Work*

*University of Mysore, Manasagangotri, Mysuru*

## A Report on Human Development Programme

Date: 20-04-2022

Venue: Seminar Hall,

Time: 3.30 pm to 5.30 pm

Department of studies in social work,  
University of Mysore  
Manasagangothri, Mysuru

Department of studies in Social Work, Manasagangothri, Mysore University conducted Social work student forum on the topic **Human Development Programme**. The resource person of the programme was Yogi Srinivas Arka, Founder Arka Foundation India and Center for Conscious Awareness (CCA) Madahalli, Mysuru District. Programme was started with the presence of Dr. Jyothi H P Chairperson DoS in Social Work, Manasagangothri, Mysore and Dr. Chandramouli, Associate professor And Mr. Shyam was present as a guest.

The programme began with a formal invocation prayer, which was led by Ms. Smitha 1<sup>st</sup> Year MSW student. The welcome address was given by Bhavyashree 1<sup>st</sup> MSW student. All the dignitaries on the dais and off the dais, the faculty community, research scholars, members of the media and non-teaching staff were welcomed to the gathering. The formal inauguration of the Social Work Student form was facilitated through the watering of plant. Further, the special guest Mr. Shyamji talked regarding to programme. And he shared his experience about Guruji and he highlighted how Guruji was expert in Social work.

Later, Gangadhar Guest Faculty, Department of Social work, Manasagangothri, Mysore University introduced Sri Srinivas Arka Guruji.

With the peaceful environment he started his special lecture and mainly focused about Self Care in Human services work, Managing stress and anxiety. He started his speech with the quotation "Janani Janma Bhoomishcha Swargadapi Gariyasi!" And "Matru Devobhava, pithr Devobhava and Guru devobhava" with the sense of Gratitude. "If you are happy, smiley, confident you can do wonders and you will be the wonderful mankind." Smile is also not ours. It is influenced by others according to Philosophy. We don't need permission to do greetings. At first we have to identify ourselves. Then we can others. Takes time to unfold our great personality. If we work with people it will be possible. Then he pronounced a shloka from Upanishadh Meaning is If we are concentrated on one work, definitely it will be powerful.

After that, there was interacting session. Some students asked their questions and Guruji had gave satisfying answers. Thereafter Guruji was facilitated by behalf of the department.

Chairperson Dr. Jyothi H P was gave her feedback about the session and shows her gratitude to Yogi Srinivas Arka and his team members, 2<sup>nd</sup> MSW student Bhakthi Jaikumar and 1<sup>st</sup> MSW student Manju Naik had shared their feedback.

The Programme was concluded with the Propose of Vote of thanks, all the staffs and members of the Arka Foundation and some UK members were participated in the programme. Social work students, Faculties, Non -teaching staffs, Research Scholors were presented in this programme.-













